



AFFILIATED TO BANGALORE NORTH UNIVERSITY
COLLEGE CODE – 7670/19CN
NO. 10, 7TH MAIN, KALYAN NAGAR, BANGALORE - 560043

ACADEMIC YEAR 2022 – 2023

NSS Special Camp 7-Day Report: Uniting for Service and Impact

Venue: Lal Bahadur Shastri English School, Rampura

Dates: 03.07.2023 - 09.07.2023

In an inspiring 7-day journey, our NSS volunteers from East Point College of Management converged at Lal Bahadur Shastri English School for a special camp that embodied service, unity, and learning.

Day 1: Inauguration Session in the presence of Dr. N.A.Adhinarayanappa, NSS Co Ordinator, Bangalore North University, Kolar.

- Camp kickoff with flag hoisting and an invigorating NSS song.
- Enlightening speeches by college and school dignitaries.
- A captivating mime on Environmental Protection.

Day 2: Health and Social Responsibility

- Early rise for yoga and a thorough cleaning of the school and temple premises.
- Valuable insights on blood donation by Dr. Harish, paving the way for a blood donation camp.

Day 3: Empowerment and Awareness

- Energetic aerobic session by Mr. Gaurav Singh.
- Plantation Drive for a greener future.
- Awareness campaigns on responsible social media usage.

Day 4: Defense and Unity

- Self-defense session by Taekwondo experts, Lee Jacq & Team.
- Games fostering camaraderie.
- Insightful address on personality development by Asst. Prof. Mr. Sam John.

Day 5: Lifesaving Contributions

- Organized Blood Donation Camp, uniting general public, students, and staff.
- NSS volunteers actively participating and assisting Red Cross Society.

Day 6: Health and Care

- Medical Camp for LBS School children in association with East Point Medical College.
- Immediate counseling for dental and ENT issues.
- Provision of supplements to address nutritional deficiencies.

Day 7: Valedictory Ceremony

- A heartfelt Vote of Thanks ceremony to all contributors.
- Students packing with cherished memories, commitment, and inspiration.

This NSS Special Camp exemplified the essence of service, personal growth, and community bonding. As we bid farewell, we carry the spirit of selflessness and unity, ready to inspire and make a difference in the world.

In these transformative 7 days, our NSS Special Camp united hearts and minds, fostering a deep commitment to service and community. As we depart with cherished memories and newfound inspiration, we stand ready to continue our journey of positive impact, embodying the NSS motto, "Not Me But You."

